



# OMA Your Association



Advocating for your well-being and the health of Ontarians

# Who is the OMA?

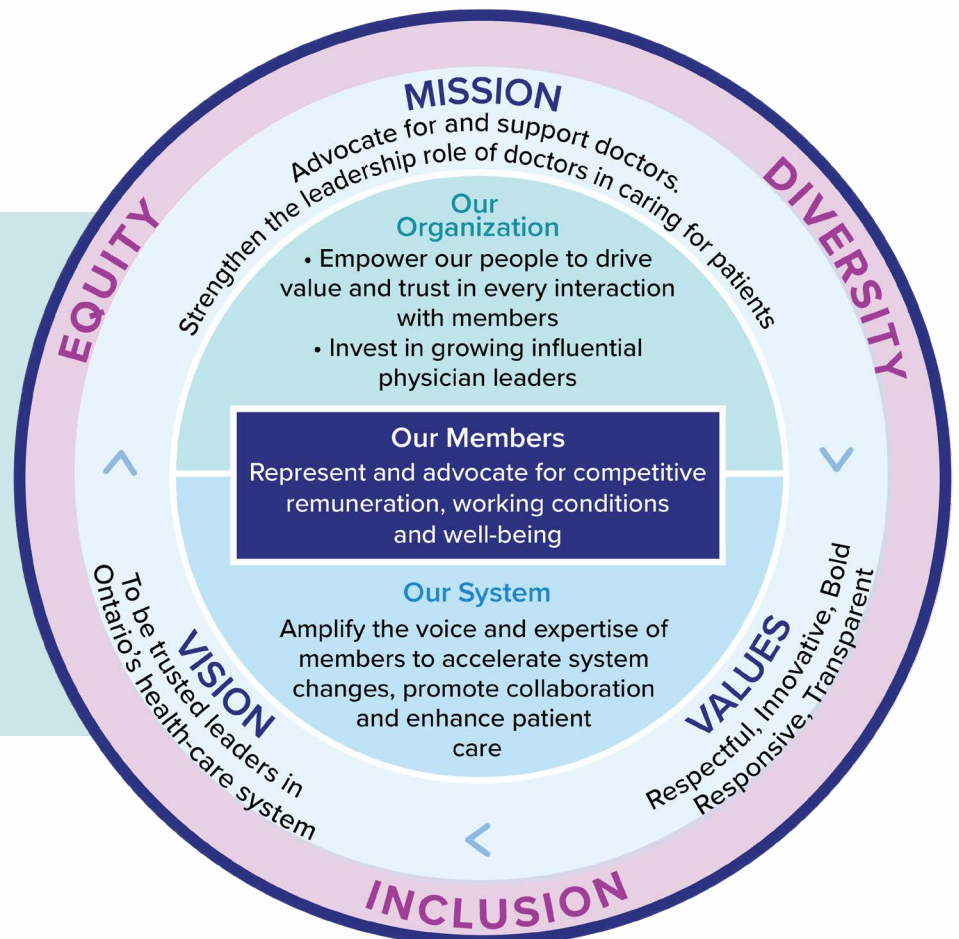


**43,000 +**  
Physicians

## Subsidiary organizations



Members are  
at the centre  
of everything  
we do.



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# Negotiations

Negotiations is a key priority for the OMA. We negotiate the Physician Services Agreement (PSA) with the Ministry of Health.

The board, CEO, Negotiations Task Force and OMA staff all work together to ensure that the association is aligned and focused on your needs and priorities as it relates to your compensation agreement with the provincial government.

OMA partners with the Ministry of Health in bilateral committees to support negotiations and ensure the interests of our members are brought forward.



Learn more and get the latest updates:  
[oma.org/negotiations](https://oma.org/negotiations)



# Advocacy

The OMA advocates for the well-being of our members and the health of Ontarians. Our mission, vision and values outline this commitment and our core values.

**We play an important advocacy role on behalf of members, with government (provincial and federal), the public and other stakeholders on major health policies, legislative changes and changes to professional practice.**



Board Chair Dr. Cathy Faulds, President Dr. Dominik Nowak, OMA CEO Kimberly Moran, President Elect Dr. Zainab Abdurrahman and immediate Past President Dr. Andrew Park are joined by physicians from across the province on the staircase of the Ontario Legislature as part of the OMA's Queen's Park day on Oct. 22, 2024.

**Learn more on active and recent advocacy efforts:**  
[oma.org/advocacy](https://oma.org/advocacy)

# Offerings at a glance

## Unlock a world of benefits: The power of your OMA Membership

From practice management and billing support to wellness, legal and insurance services, and an exclusive discounts program—your OMA membership is an all-in-one toolkit to support your personal and professional well being. More than just resources, it's a partnership designed to help you thrive in your medical career. Select one of the topics below to explore your member benefits.

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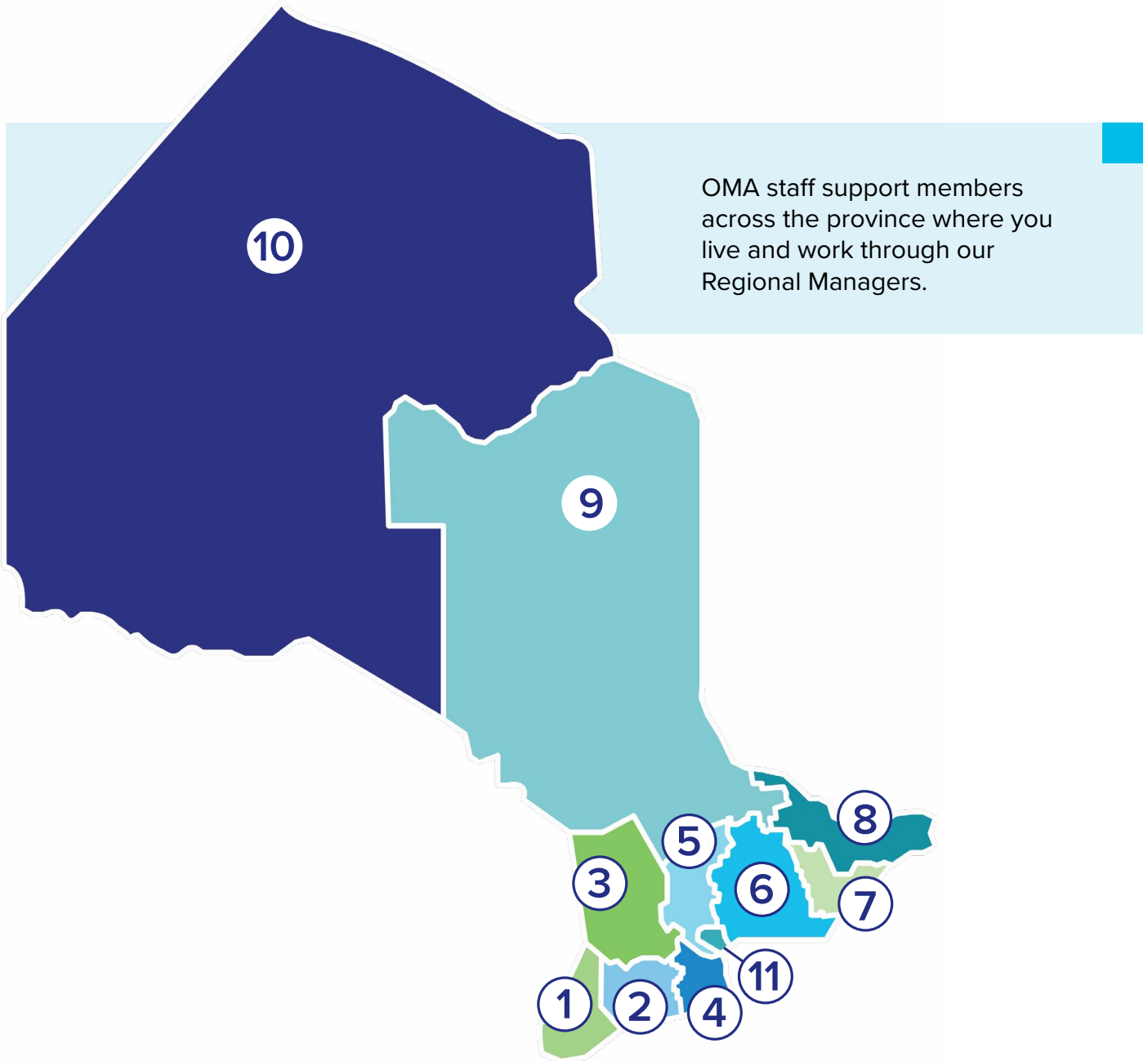
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Contact us

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# Regional support



Contact your regional manager or constituency team member email: [info@oma.org](mailto:info@oma.org)

For more information on the district and Regional Managers, visit: [oma.org/member/your-association/governance-and-representation/constituency-groups/](http://oma.org/member/your-association/governance-and-representation/constituency-groups/)

# Practice management

From starting, running and closing your practice the OMA is with you every step of the way. We offer solutions to help you navigate the operational side of managing and optimizing your practice.

## Resources include (but not limited to):



Support on starting, managing and closing a practice



Patient care resources, guidelines and templates



Practice announcement service



Locum resources



Information on primary care models



Policy and procedure templates for clinic operations



Resources to optimize clinic operations



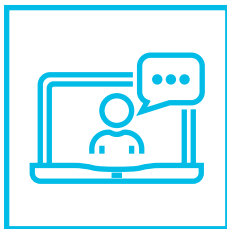
Access pre-recorded webinars on our online learning platform OMA Learns

Learn more about the OMA's Practice and Professional support resources at [oma.org/member/practice-professional-support](https://oma.org/member/practice-professional-support)

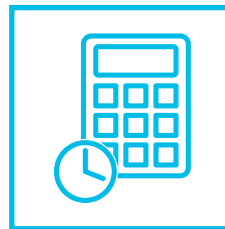
# Billing support

The OMA has tools and resources to help you navigate the intricacies of physician billing, helping you improve your net compensation

## Some of the resources available:



OHIP billing  
education materials  
and webinars



Hourly rate calculator



OHIP billing  
reference guides



Uninsured service  
fee calculator



Physician's Guide to  
Uninsured Services



Billing education  
and webinars

Contact the OMA for any billing questions and support.

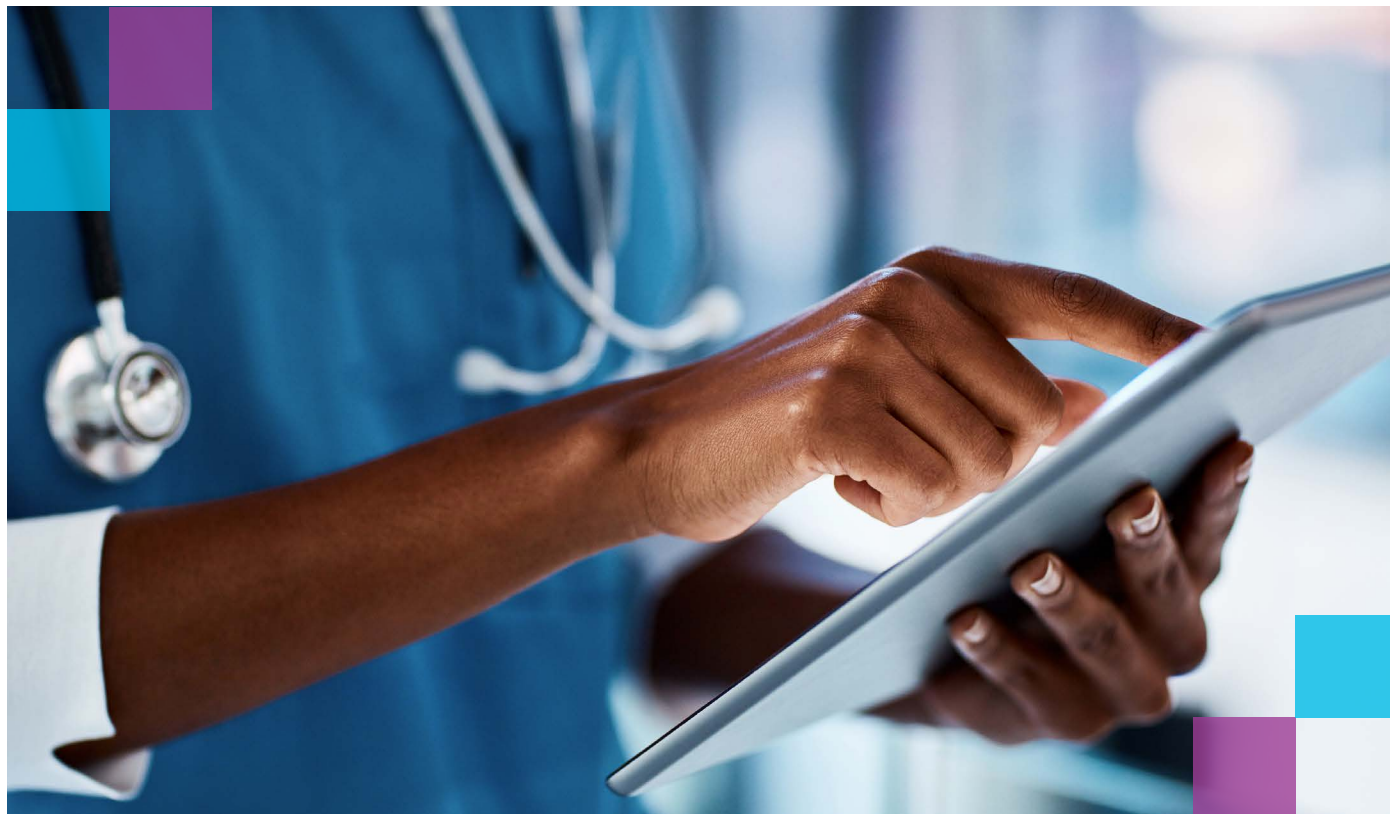
Email: [info@oma.org](mailto:info@oma.org)



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## Technology and digital health

Technology changes rapidly. Through our subsidiary - OntarioMD – we can help you adapt to these changes and implement digital health solutions effectively.



We connect you to the latest digital health tools and teach you how to use them and incorporate them into your certified EMR workflows.

Help from OntarioMD staff is available when it's convenient for you.

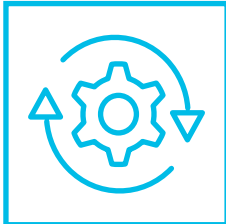
**OntarioMD support**

Tel: 1-866-744-8668

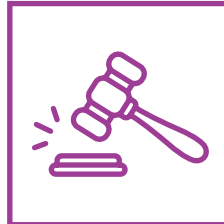
Email: [support@ontariomd.com](mailto:support@ontariomd.com)

# Legal services

Staff lawyers are available to assist members with a variety of practice-related issues, including:



Incorporation services and renewal



Other legal issues relating to clinical practice



Review of contracts with hospitals, universities, clinics, or other institutions as employees or independent contractors



**Enquiries should be directed to OMA legal services.**

Email: [Legal.Affairs@oma.org](mailto:Legal.Affairs@oma.org)

Please send a brief description of your query and any relevant documentation.

# Physician health and wellness

OMA's Physician Health Program is a comprehensive and confidential service for a range of physician health matters both personal and professional.

## Available services for physicians, residents and medical students (and family members) include:

- Customized support through the PHP intake line
  - Connection to OHIP and private resources (e.g., psychiatrists, psychologists, coaches, peer support).
- Support for physician leaders with assessment and accountability requirements
- Education and workshops on physician health, well-being, and accountability



### PHP confidential services

Tel: 1-800-851-6606

Email: [php@oma.org](mailto:php@oma.org)

[www.php.oma.org](http://www.php.oma.org)

# Advantages discount program

The Advantages discount program connects you with service and product providers to cover your personal and professional needs. Get deals and discounts to save you time and money at every stage of your career.

## Lifestyle

- Audi Canada Inc.
- Bell Mobility
- BMW Group Canada
- Bond
- Canada Moving
- GoodLife Fitness
- Rogers Wireless
- TELUS
- Tremblant



## Travel

- Amex
- Corporate Hotel Directory
- Local Hospitality
- Park 'N Fly
- Perkopolis
- Porter Airlines
- VIA Rail



## Practice Support

- Amex Business
- CPS
- Dragon Medical Dictation
- PatientSERV
- Practice Support Directory
- Surgo Surgical Supply
- UptoDate



\*Discounts listed are subject to change.

Learn more about all the offers available to you through the Advantages discount program.  
[oma.org/member/member-advantages/oma-discounts](http://oma.org/member/member-advantages/oma-discounts)

# Insurance solutions

Protect what matters most. OMA provides insurance solutions exclusively for physicians and has created comprehensive coverage for every stage of your life and career.



Book an appointment with an OMA Insurance advisor today.  
Tel: 1.800.268.7215  
Email: [omainsurance.com/contact-us](mailto:omainsurance.com/contact-us)



# Leadership development

At the OMA, we invest in our members to be leaders in patient care and improving the health-care system.

## Leadership opportunities:



Physician  
Leadership  
Program



Elected leaders  
training and support



Yearly scholarship  
opportunities with Rotman's  
MBA for health care and the  
life science program.

Contact the OMA for additional information and how to apply.  
Email: [info@oma.org](mailto:info@oma.org)

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# Getting involved

As a physician-led organization, we turn to our members to stand with us and help us create change for you, your colleagues and the health-care system.

## Ways to get involved:

- Become a health-care advocate
- Join a committee
- Attend an OMA event
- Send us your ideas
- OMA Connect



**Contact the OMA for additional information and how to apply.**  
Email: [info@oma.org](mailto:info@oma.org) or Visit: [oma.org/about-the-oma/get-involved/](http://oma.org/about-the-oma/get-involved/)



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# Ontario Medical Foundation

The Ontario Medical Foundation is taking on the challenge to help advance health equity across the province.

## We're helping unblock the barriers to health care by:

- Enabling better health care outcomes
- Ensuring equitable health care
- Empowering future doctors of Ontario

Visit [ontariomedicalfoundation.ca](http://ontariomedicalfoundation.ca) for more info.

The Ontario Medical Foundation can achieve a more equitable, effective and efficient health-care system in Ontario.

**Donate to the OMF**

*Charitable registration No.:*  
130620552 RR 0001

## Impact of the OMF

- **Over 2,000 bursaries** awarded to medical students since 2004, totalling more than **\$6M** and currently **125+ bursaries** are given annually
- **Over \$125K** to support **Shoebox Project for Women** and **CampMed**
- **Over \$200K in grants** to address serious issues like **physician well being and burnout** and **northern health**

# Staying connected



Download the OMA mobile app and stay connected to all the information.



or



And follow us on:





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## Share your feedback

We appreciate your feedback. Please share your thoughts on the Membership package.

## Contact us

The **OMA Response Centre** is available Monday through Friday from 8:45 a.m. to 5 p.m.  
Email or speak to a live associate.



Email: [info@oma.org](mailto:info@oma.org)



Call: 1-800-268-7215