

Meeting Minutes
Complementary and Integrative Medicine MIG
April 17, 2024

A videoconference meeting of the Complementary and Integrative Medicine MIG was held on April 17, 2024, beginning at 8:00 pm.

Present: Dr. Esther Konigsberg, Dr. Richard Nahas, Dr. Adrienne Junek, Dr. Fred Hui

Regrets: Dr. Elliot Jacobson, Dr. Farah Tabassum

By Invitation:

OMA Staff: Alex Skublics

Call to Order

The Chair called the meeting to order.

Approval of Agenda

1. Applying for certificate of added competence through Royal College Application update
2. CIMA - letter of support for the application update
3. Dr. Farah Tabassum, new member at large
4. Spring/Summer Newsletter
5. Follow up on meeting with Kimberly Moran, new CEO of OMA
6. Regulatory Fairness. Next steps Dr Nahas (on hiatus)
7. Any other business.

Minutes for Approval, Meeting of February 28, 2024

1. Welcome Dr. Farah Tabassum

-Dr. Farah Tabassum was invited to join the executive which she will think about and get back to the group

2. WhatsApp group. Update Dr. Junek

-Dr. Junek updated Dr. Tabassum on the idea of creating a platform for close communication within the MIG with WhatsApp being the current focus

-Dr. Konigsberg, Dr. Junek, Dr. Elliot & Dr. Tabassum discuss the fundamentals including moderation, rules, & membership

-Dr. Konigsberg says we will only accept paid members of the group – we could potentially get a list of members from Peter K.

-Rules will be posted and members could be removed for breaking them

-Dr. Junek was unable to complete the blurb but will finish it asap

3. Applying for certificate of added competence through Royal College Application update

-Dr. Konigsberg and Dr. Junek have completed the main body but other aspects still need to be completed -Awaiting Angela Cheung to write a letter about how the fellowship will work and be funded

-Dr. Konigsberg is also circulating the application to various specialty committees, etc. at the Royal College that overlap with IM and has sent 10 letters various committees – these groups still need to discuss it at their next committee meeting

-final hurdle discussed is the \$14,000 application fee – Dr. Konigsberg says our group has \$9,000 and Dr. Angela Cheung's group may potentially cover the remaining cost

4. CIMA - letter of support for the application update

-Dr. Elliot Jacobson currently has 4 signatures on the letter - The forum is difficult to maneuver so its possible people haven't seen it

-Dr. Konigsberg agreed we should reach out again to see if we can get as many signatures as possible

-Dr. Elliot Jacobson will write another letter

5. Winter Newsletter update and Spring/Summer Newsletter

-The winter newsletter has been published and will be sent to inboxes

-Considering the next newsletter, Dr. Junek to consider writing an article about T3

6. Regulatory Fairness. Next steps Dr Nahas (on hiatus)

-on hiatus until Dr. Richard Nahas returns

7. Meeting with Kimberly Moran, new CEO of OMA.

-Kimberly Moran has reached out to have a meeting to see how she can support our group – Dr. Konigsberg will meet with her on March 18

-Dr. Konigsberg will email the group for suggestions on what to ask her – presently, her plan is to inform her on what our group is doing and see if she has ideas on what she could do to help out

8. Any other business.

-Dr. Farah Tabassum discussed the K037 & K007 fee code – the way the ministry has it set up they are unable to bill for the premium with their mixed fee for service model

-She is wondering if our MIG can help since their group is too small to form their own

-Dr. Elliot Jacobson stated that it could be something to consider

-Dr. Adrienne Junek also agrees our MIG would be good for this since many IM physicians use fee for service and mixed models for billing

-Dr. Konigsberg offered Dr. Farah Tabassum to join the executive board where she could forefront a plan for this initiative

New Business

1. Applying for certificate of added competence through Royal College Application update

-Dr. Esther Konigsberg met with Angela Cheung and the letter from U of T has been written – Angela with also has funds to cover the remaining application – our group can put forth \$9,000 and she could provide the additional \$5,000

-Dr. Esther Konigsberg says the royal college may change their application process but what these changes are is unknown

-Dr. Esther Konigsberg also spoke with Nancy Fowler. Deputy chair of the CFPC– she is theoretically in full support but needs to speak with the board first before writing a letter

-internal medicine subcommittee unfortunately did not discuss writing a letter of support at their recent meeting – Dr. Esther Konigsberg will request a phone call to hopefully still work on something with them – we are also waiting on 5-6 other committees that are to have meetings

-otherwise, application is more or less completed – Dr. Richard Nahas agrees our only obstacle

moving forward are whatever changes may be in the application process

2. CIMA - letter of support for the application update

-Dr. Elliot was not at the meeting so we do not have an update.

3. Dr. Farah Tabassum, new member at large

-Dr. Farah Tabassum was unable to attend today's meeting but has joined as a member at large

4. Spring/Summer Newsletter

-Dr. Adrienne Junek has written an article on reverse T3 for thyroid

-Dr. Esther Konigsberg will write something about our application to the Royal College

-Dr. Richard Nahas will write an article about AI having a regulatory role in healthcare

-goal is to wrap up this newsletter before our June 19th meeting

5. Follow up on meeting with Kimberly Moran, new CEO of OMA

-Dr. Esther Konigsberg has spoken with Kimberly Moran, bringing her up to speed on our group and projects

-Dr. Esther Konigsberg asked about our group becoming a section if we get the area of focused competence, since a section receives more funds & support than a MIG – She also asked about how the OMA could better support doctors going through legal issues – Kimberly Moran said she will get back to us on both of these questions

-Dr. Esther Konigsberg will follow up with her after Dr. Richard Nahas has written his article on AI and regulation as it relates to the concerns regarding legal issues

6. Regulatory Fairness. Next steps Dr Nahas

-Dr. Richard Nahas brings up a different approach – looking into how AI can be used in healthcare – his suggestion is for AI to have a role in the regulation process – being used to create a more objective and consistent framework for discipline issues than the current decision making process.

-Dr. Esther Konigsberg questions who we would present this idea to – Dr. Richard Nahas says this change could only come from either the OMA or the ministry of health.

-ultimately, Dr. Fred Hui, Dr. Adrienne Junek, & Dr. Esther Konigsberg agree that the current system needs to be improved and this is a good way to plant the seeds for something better

-Dr. Richard Nahas will write a newsletter article about this topic and may also present it to the OMA, etc.

7. Any other business.

-Dr. Richard Nahas shared his experience of a live conference for the academy of neurotherapy which was not well attended, resulting in them switching to online formats such as webinars. He

suggests our group could have more events like the AGM or having speakers give a talk that would be easy to setup

-Dr. Adrienne Junek will be giving a talk on medication induced nutritional deficiencies in person in Toronto on June 1st

-Dr. Esther Konigsberg will be coming to the conference – it could be a good networking event we should see if others may want to meet up

Tasks for executives:

- Dr. Richard Nahas to write newsletter article on AI having a regulatory role in health care.
- Dr. Esther Konigsberg to follow-up with Kimberly Moran after Dr. Richard Nahas completes the article.
- Dr. Esther Konigsberg to write something for the newsletter regarding the application to the royal college
- Dr. Esther Konigsberg to arrange phone call with the Internal Medicine subcommittee to further pursue their letter of support

Date of Next Meeting: Wednesday, June 19th, 2024 at 8:00pm

Adjournment

The meeting was adjourned at 9:00 pm