

Meeting Minutes
Complementary and Integrative Medicine MIG
October 19, 2023

A videoconference meeting of the Complementary and Integrative Medicine MIG was held on October 19, 2023, beginning at 7:30 pm.

Present: Esther Konigsberg, Adrienne Junek, Fred Hui, Richard Nahas

Regrets: Elliot Jacobson, Adam Gavsie

By Invitation:

OMA Staff: Alex Skublics

Call to Order

The Chair called the meeting to order.

Approval of Agenda

1. **Elections vs appointing the exec.**
2. **AGM Virtual Meeting :**
 - Review RSVPs
 - Discuss format
 - Create agenda
3. **Applying for certificate of added competence** through Royal College Application update
4. **Regulatory Fairness.** Next steps Dr Nahas
5. **CIMA** - or other website
6. **Newsletter**

Minutes for Approval, Meeting of September 21, 2023

1. **AGM Virtual Meeting** – discuss invitations and format
 - All agree event to include introductions, sharing of clinical pearls/insights
 - Based on community feedback, it may include a Q&A panel & presentation/talk
 - the format will be fully determined based on expected attendance & community responses
 - Esther to send invitations to members including the option to submit questions for Q&A

2. **Applying for certificate of added competence** through Royal College Application update
 - Dr. Nahas suggested incorporating a framework of the WHO category of traditional/complementary/integrative medicine
 - Dr. Junek to add a phrase that will connect this framework into the next draft – all agree
 - Discussed use of abbreviation IM versus alternatives (CIM, INT, etc) but ultimately decided to submit IM and wait for feedback from the royal college.
 - After first draft is completed, it will be sent by Dr. Konigsberg to committee & other stakeholders to provide feedback or comments
3. **Regulatory Fairness.** Next steps Dr Nahas, not addressed at this meeting. On hold until after the AGM
4. **CIMA** - or other website
 - to be worked on after the draft to the royal college is submitted

New Business

1. September 21, 2023 minutes approved.
2. **Elections vs appointing the exec.**
 - Dr. Nahas suggests messaging group to see if members want to run and base decision on interest
 - Dr. Konigsberg mentions this was done in the past without much response. Also was given a short turn around time by the OMA. Perhaps will continue with appointments for this year and solicit members for their interest in running ahead of the election cycle next year.
 - Dr. Junek suggests Dr. John Coombs as a possible exec member,
 - Dr. Konigsberg discussed optimal group size, agreeing that a larger group could be useful since everyone isn't always present at the meetings.
 - discussed the possibility of any member having the option to dropping in and listen, to meetings
 - Dr. Konigsberg & Dr. Nahas agree as long as they predominantly listen
 - Dr. Junek to send an email to the group to ask group's opinion and get consensus about Dr. Coombs joining the executive
3. **AGM Virtual Meeting :**
 - Review RSVPs
 - Discuss format
 - Create agenda

-17 people have signed up so far, Dr Konigsberg to request OMA to send out another reminder to the membership for the AGM

-discussed ideas of switching between webinar style to everyone participating, as well as possibility of break out rooms if more people sign up

-Dr. Nahas volunteers to be panel moderator – Dr. Konigsberg, Dr. Junek, & Dr. Hui agree

-format to include each panel member introducing themselves, followed by a brief presentation by Dr. Konigsberg, then a Q&A

-Dr. Hui suggests opportunity for attendees to introduce themselves before Q&A, Dr. Junek agrees but Dr. Konigsberg suggests to decide later based on number of attendees

-panel to answer submitted questions and open the floor if there is still time

-Dr. Konigsberg to send the submitted questions to the group to consider in advance

-exec team agree to meet briefly on November 8th at 8 pm for final discussion before the event, Dr. Konigsberg to send out zoom invitation.

-Dr. Nahas suggests mentioning voluntary member fees during AGM

-Dr. Konigsberg says discretionary fund balance is around 10,000. Can use this fund for the Added Focus Competence application.

4. **Applying for certificate of added competence** through Royal College Application update

-Dr. Konigsberg & Dr. Junek have been working on it, planning to complete within the next week

-Dr. Nahas requests to review document to provide suggestions afterwards

-Dr. Konigsberg to send out another draft to the group for suggestions or additions to be taken under advisement

-Afterwards, Dr. Konigsberg will send updated draft to a royal college contact to assess the viability of the application

-goal remains to submit on February 1st deadline

5. **Regulatory Fairness.** Next steps Dr Nahas

-Dr. Nahas says he had to delay working on this due to personal affairs, and will continue once resolved

6. **CIMA** - or other website

-not discussed

7. **Newsletter**

-to be discussed in the next meeting

Tasks for executives:

- Dr. Junek to email team with regards to Dr. Coombs being appointed as an Executive
- Dr. K to send second round of AGM invitations to community
- Dr. K to email group for November 8th meeting & email final list of community questions to team prior to AGM
- Dr. K to send updated draft of the application to the community and royal college contact for review

Date of Next Meeting: December 14th, 2023, 7:30 pm

Adjournment

The meeting was adjourned at 8:30 pm