

**Meeting Minutes**  
**Complementary and Integrative Medicine MIG**  
**September 21, 2023**

A videoconference meeting of the Complementary and Integrative Medicine MIG was held on September 21, 2023, beginning at 7:30 pm.

**Present:** Esther Konigsberg, Elliot Jacobson, Adrienne Juneck, Fred Hui, Richard Nahas

**Regrets:** Adam Gavsie

**By Invitation:**

**OMA Staff:** Alex Skublics

**Call to Order**

The Chair called the meeting to order.

**Approval of Agenda**

1. **AGM** Virtual Meeting – discuss invitations and format
2. **Applying for certificate of added competence** through Royal College Application update
3. **Regulatory Fairness.** Next steps Dr Nahas
4. **CIMA** - or other website

**Minutes for Approval, Meeting of July 7, 2023**

1. **AGM** Virtual – choose date and create format. Contact OMA for support.
  - group agreed to host event on Saturday, November 11<sup>th</sup>
  - It will be focused around community building and networking
  - Dr. K to connect with IT to begin event setup
2. **OMA Connect.** Migration of content for the OMA exchange update
  - form repository and past newsletters have been uploaded to the OMA library
3. **Applying for certificate of added competence** through Royal College Dr. Konigsberg - update
  - Dr. Konigsberg to finish up and have group members review for input/feedback
  - goal is to get as many names as possible on it and submit for February 1<sup>st</sup> deadline
  - Awaiting responses from Kate McDonald from the Hecht foundation in regards to helping fund application cost
  - it was mentioned that CIMA representing integrative medicine physicians would be

beneficial

4. **Regulatory Fairness.** Next steps Dr Nahas
  - Dr. Nahas to write a letter to Nancy Whitmore to request representation of Integrative Medicine Physicians on the ICRC, and if executives sign off on it, it could be sent
  - to be discussed further when Dr. Nahas returns
5. **CIMA** -Dr. Jacobson
  - discussed reviving CIMA versus creating new organization and website
  - Dr. Gavsie, Dr. Junek, and Dr. Hui agree its better to avoid any old affiliation and create new name and website
  - Dr. Gavsie and Dr. Jacobson to see if they can access old content from previous CIMA website
  - costs of website discussed with discussion on pause until next meeting
6. **Save our supplements.**
  - discussion of new bill to change manufacturing standards of NHPs including changing labels to avoid claims that are not evidenced based.
  - general agreement that raising standards is good, however concerns regarding increased costs were brought up
  - Dr. Junek to write a neutral blurb to post on OMA connect

## **New Business**

1. **AGM Virtual Meeting** – discuss invitations and format
  - All agree event to include introductions, sharing of clinical pearls/insights
  - Based on community feedback, it may include a Q&A panel & presentation/talk
  - the format will be fully determined based on expected attendance & community responses
  - Esther to send invitations to members including the option to submit questions for Q&A
2. **Applying for certificate of added competence** through Royal College Application update
  - Dr. Nahas suggested incorporating a framework of the WHO category of traditional/complementary/integrative medicine
  - Dr. Junek to add a phrase that will connect this framework into the next draft – all agree
  - Discussed use of abbreviation IM versus alternatives (CIM, INT, etc) but ultimately decided to submit IM and wait for feedback from the royal college.
  - After first draft is completed, it will be sent by Dr. Konigsberg to committee & other stakeholders to provide feedback or comments
3. **Regulatory Fairness.** Next steps Dr Nahas, not addressed at this meeting. On hold until after the AGM
4. **CIMA** - or other website

-to be worked on after the draft to the royal college is submitted

**Tasks for executives:**

- Dr. K to send AGM invitations to community with option to submit questions
- Dr. Junek to add phrase to certificate application draft to connect it with WHO framework
- Dr. K to send completed first draft of the application to the community for feedback

**Date of Next Meeting: October**

**Adjournment**

The meeting was adjourned at 8:30 pm