

Meeting Minutes
Complementary and Integrative Medicine MIG
June 08, 2023

A videoconference meeting of the Complementary and Integrative Medicine MIG was held on June 08, 2023, beginning at 7:00 pm.

Present: Esther Konigsberg, Adrienne Junek, Adam, Gavsi, Fred Hui

Regrets: Elliott Jacobson, Richard Nahas

By Invitation:

OMA Staff: Alex Skublics

Call to Order

The Chair called the meeting to order.

Approval of Agenda

1. **Introductions** with Alex Skublics
2. **Spring/Summer newsletter**
 - a. Update re: Achieving Whole Health; A New Approach for Veterans and the Nation (2023)- Esther
 - b. Regulatory fairness – Richard
 - c. Emotional Trauma – AJ
 - d. Conference announcements

3. **AGM** Dr. Gavsie, From Andrew:

Here is a basic outline of what could be viable for a 1/2 day of CME in conjunction with the OMA group.

Date options: November 11 - or - November 18

Venue options: U of T Medical Sciences Auditorium - or - Dalla Lana SPH Auditorium

Presentation topics:

1. Drug-Induced Nutrient Depletion
2. Clinical Practice Guidelines for Cannabis and Cannabinoid-Based Medicines in the Management of Chronic Pain and Co-Occurring Conditions - or - Medical Cannabis as an Adjunct to Opioids in Patients with Chronic Pain
3. Panel Discussion on Navigating CAM Policy in Clinical Practice

The Panel Discussion would include multiple speakers. John Gannage has agreed to participate, and suggested Esther and at least one other participant on the panel.

Registration fee would be \$200 for up to 4 Mainpro+ Credits (programs 1 and 2)

ISOM could organize and run the event, on the understanding that there would be a minimum of 50 paid registrants from the OMA group

What are your thoughts? What would be the timeline on making a decision about moving forward?

4. **OMA Connect.** Migration of content for the OMA exchange update – Dr. Konigsberg
 - Waiting for Scott to upload the forms on the web page so it can be linked to the discussion thread on OMA Connect. Mina is still working on this.
 - Also add old newsletters to the OMA connect library? Alex
5. **Integrative Medicine article update:** Global Advances in Health – Dr. Konigsberg
6. **Applying for certificate of added competence** through Royal College Dr. Konigsberg - update
7. **Regulatory Fairness.** Next steps Dr Nahas
8. **Feedback re: OMA Physician’s Guide to Uninsured Services** – Due June 23, 2023, see email.
9. **CIMA** -Dr. Jacobson

Minutes for Approval, Meeting of May 04, 2023

1. **Applying for certificate of added competence through Royal College** - update Dr. Konigsberg
 - Good News! U of T is willing to house a fellowship. We can now begin next steps. Dr Konigsberg will reach back out to the Royal College to see if there have been any changes in the application process.
2. **OMA connect.** Migration of content for the OMA exchange update - Mina
 - Waiting for Scott to upload the forms on the web page so it can be linked to the discussion thread on OMA Connect.
 - James has shared the old newsletters, from the Forum, and Mina will upload them to the connect.
3. **Integrative Medicine article update:** Global Advances in Health – Dr. Konigsberg
 - The article needs some minor revision and it would be hopefully ready for publishing.
4. **OMA negotiation submissions:** Dr. Konigsberg, and the executives decided that we will not be contributing to this as it’s not something our group feels is relevant to our membership.

5. **Spring newsletter**

- Update re: Achieving Whole Health; A New Approach for Veterans and the Nation (2023)- Esther
- Regulatory fairness – Richard
- Emotional Trauma – AJ

6. **AGM** Tentative date set for Nov 4, with backup plan Nov 21.

- Discussed to host a virtual AGM – Finalized the date to be Nov 11, 2023.
 - Try to make it more engaging for members by allowing them networking/sharing clinical pearls
 - Need Moderator/MC
 - Request OMA to assist with organization, member RSVP's – if we do not get enough RSVP's we will drop the meeting.
 - Get Sponsors?
- Dr. Gavsie will see if we can hold a meeting in conjunction with any other Meeting and get back to the executives.

7. **CIMA** -Dr. Jacobson – no update

8. **Soapbox session:** May 16 (Not May 30) Dr. Junek volunteered to do the presentation as well and she agreed. Dr. Konigsberg be present during the presentation and will stay and will participate in the Q&A portion.

New Business – agenda + my notes

1. **Introductions** with Alex Skublics

-Mina taking a leave of absence and Alex will be filling in

3. **Spring/Summer newsletter**

- a. Update re: Achieving Whole Health; A New Approach for Veterans and the Nation (2023)- Esther
- b. Regulatory fairness – Richard
- c. Emotional Trauma – AJ
- d. Conference announcements

-3 articles are ready to be formatted into the newsletter

2. **AGM** Dr. Gavsie, From Andrew:

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-discussed sponsorships but decided it to be impractical based on previous experiences
- plan to inquire via OMA connect to see how many people are interested and which day to run. If <50, backup is to move event online

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 -

-forms have been uploaded and Mina will complete newsletter

4. **Integrative Medicine article update:** Global Advances in Health – Dr. Konigsberg
-article has been accepted – goes to open access in next few months

5. **Applying for certificate of added competence** through Royal College Dr. Konigsberg - update
-Dr. Hui raised concerns raised about the requirement IM fellowships and whether that would exclude some physicians from being eligible for a certificate of added competence.
-overall was concluded to be beneficial for becoming a more recognized field in Canada
-Dr. Konigsberg to figure out next steps and will email when determined

6. **Regulatory Fairness.** Next steps Dr Nahas

-letter might be less urgent due to positive response from college in Dr. Nahas' last encounter with them.

-to be discussed more next meeting

7. Feedback re: OMA Physician's Guide to Uninsured Services – Due June 23, 2023,
see email.

-planned to look at proposals from previous year to possibly re-send

8. CIMA -Dr. Jacobson

-not used recently – goal to keep for possible future use

Date of Next Meeting: Thursday, July 20th, 2023, at 7:00 pm

Adjournment

The meeting was adjourned at 8:00 pm