

**Meeting M i n u t e s**  
**Complementary and Integrative Medicine MIG**  
**May 04, 2023**

A videoconference meeting of the Complementary and Integrative Medicine MIG was held on May 04, 2023, beginning at 7:00 pm.

**Present:** Esther Konigsberg, Adrienne Junek, Elliott Jacobson, Adam Gavsie, Richard Nahas

**Regrets:** Fred Hui.

**By Invitation:**

**OMA Staff:** Mina Effendi

**Call to Order**

The Chair called the meeting to order.

**Approval of Agenda**

1. **Approval of meeting minutes**

2. **Applying for certificate of added competence through Royal College - update**  
Dr. Konigsberg

3. **OMA connect.** Migration of content for the OMA exchange update - Mina

4. **Integrative Medicine article update:** Global Advances in Health – Dr. Konigsberg

5. **OMA negotiation submissions:** We hope you have already had a chance to review the Apr 13<sup>th</sup> e-mail from OMA Negotiations regarding the submission of negotiations priorities for the 2024 Physician Services Agreement (PSA). The Constituency Services Team (CST) would like to remind you that support is available to assist you in completing this important step of the next PSA process.

In anticipation of the May 17 submission due date, as your CST Specialist I can assist you in the following three ways:

1. Support you in surveying your membership
2. Help you set up meetings with your Executive members or a townhall with your constituency members
3. Connect you with OMA staff subject matter experts

Don't forget to sign up for a consultation with the Negotiations Task Force if you would like to discuss your responses. They have offered a list of [available day/times](#) between May 19 and Jun 27 to meet individually with constituency leaders. E-mail your top two (2) requested day/times to [negotiations@oma.org](mailto:negotiations@oma.org). Honoraria is available for one representative (the chair or a designate) to attend one meeting. Other representatives may attend, but are not eligible to claim honoraria unless you would like to use your constituency meeting entitlements.

*The submission due date is May 17.*

## 6. Spring newsletter

1. Burnout or Update re: Achieving Whole Health; A New Approach for Veterans and the Nation (2023)- Esther
2. Regulatory fairness - Richard
3. Emotional Trauma - AJ

## 7. AGM Tentative date set for Nov 4, with backup plan Nov 21.

- Discussed to host a virtual AGM
- Try to make it more engaging for members by allowing them networking/sharing clinical pearls
- Need Moderator/MC
- Request OMA to assist with organization, member RSVP's
- Get Sponsors?

## 8. CIMA -Dr. Jacobson

9. **Soapbox session:** May 30 for District 11 "You are invited to spend one or two evenings with colleagues who are leaders in their fields. You will be allowed to ask them anything. **But first, you will hear short presentations from them on things they feel you should know, but might be unaware of.**

On May 30, you are invited to spend an evening with the following Chairs of Sections/MIG:

Public Health Physicians: Dr. Piotr Oglaza

Addiction Medicine: Dr. Christopher Cavcuiti

Complementary & Integrative Medicine: Dr. Esther Konigsberg

**Minutes for Approval, Meeting of March 30, 2023**

1. Applying for certificate of added competence through Royal College Dr. Konigsberg - update
  - Angela Chang, certified internist, has expressed interest in running a fellowship program in Toronto. This may meet the requirements we need to get the process of a CAC going.
2. Spring newsletter Discussion of ideas for articles
  4. Burnout - Esther
  5. Regulatory fairness - Richard
  6. Emotional Trauma - AJ
3. AGM Notes from last meeting: Tentative date set for Nov 4, with backup plan Nov 21.
  - Discussed to host a virtual AGM
  - Try to make it more engaging for members by allowing them networking/sharing the pearls
  - Need Moderator/MC
  - Request OMA to assist with organization, member RSVP's
  - Get Sponsors?
  - To be discussed further in the next meeting
4. Richard update re: Dr. Whitmore's response to his letter. Still awaiting response.

## **New Business**

1. **Applying for certificate of added competence through Royal College** - update Dr. Konigsberg
  - Good News! U of T is willing to house a fellowship. We can now begin next steps. Dr Konigsberg will reach back out to the Royal College to see if there have been any changes in the application process.
2. **OMA connect.** Migration of content for the OMA exchange update - Mina
  - Waiting for Scott to upload the forms on the web page so it can be linked to the discussion thread on OMA Connect.
  - James has shared the old newsletters, from the Forum, and Mina will upload them to the connect.

3. **Integrative Medicine article update:** Global Advances in Health – Dr. Konigsberg
  - The article needs some minor revision and it would be hopefully ready for publishing.
4. **OMA negotiation submissions:** Dr. Konigsberg, and the executives decided that we will not be contributing to this as it's not something our group feels is relevant to our membership.
  
5. **Spring newsletter**
  - Update re: Achieving Whole Health; A New Approach for Veterans and the Nation (2023)- Esther
  - Regulatory fairness – Richard
  - Emotional Trauma – AJ
  
6. **AGM** Tentative date set for Nov 4, with backup plan Nov 21.
  - Discussed to host a virtual AGM – Finalized the date to be Nov 11, 2023.
  - Try to make it more engaging for members by allowing them networking/sharing clinical pearls
  - Need Moderator/MC
  - Request OMA to assist with organization, member RSVP's – if we do not get enough RSVP's we will drop the meeting.
  - Get Sponsors?
    - Dr. Gavsie will see if we can hold a meeting in conjunction with any other Meeting and get back to the executives.
  
7. **CIMA** -Dr. Jacobson – no update
  
8. **Soapbox session:** May 16 (Not May 30) Dr. Junek volunteered to do the presentation as well and she agreed. Dr. Konigsberg be present during the presentation and will stay and will participate in the Q&A portion.

**Date of Next Meeting:** Thursday, June 08, 2023, at 7:00 pm

### **Adjournment**

The meeting was adjourned at 8:00 pm.