

Meeting Minutes
Complementary and Integrative Medicine MIG
March 30, 2023

A videoconference meeting of the Complementary and Integrative Medicine MIG was held on March 30, 2023, beginning at 7:00 pm.

Present: Esther Konigsberg, Adrienne Junek, Richard Nahas

Regrets: Elliott Jacobson, Adam Gavsie, Fred Hui.

By Invitation:

OMA Staff: Mina Effendi

Call to Order

The Chair called the meeting to order.

Approval of Agenda

1. Applying for certificate of added competence through Royal College Dr. Konigsberg - update
2. Spring newsletter Discussion of ideas for articles
3. AGM Notes from last meeting:
 - Discussed to host a virtual AGM
 - Try to make it more engaging for members by allowing them networking/sharing o clinical pearls
 - Need Moderator/MC
 - Request OMA to assist with organization, member RSVP's
 - Get Sponsors
 - To be discussed further in the next meeting
4. Richard update re: Dr. Whitmore's response to his letter.

Minutes for Approval, Meeting of February 16, 2023

1. Approval of meeting minutes - Approved

2. Applying for certificate of added competence through Royal College

Dr. Konigsberg gave an update – we may have to wait to achieve this for now.

*Dr. Konigsberg and Dr. Hui discussed Dr. Hui's Concern's about Certificate of Added Competence

3. CIM-MIG Web page OMA connect/AGM Video conference link;

- Mina now has access.
- James is working with Scott, to have the MIG Forum's content migrated to Connect.

4. Submit 2023 priorities to the OMA. Dr. Hui, Dr. Jacobson

What are the most important priorities?

Regulatory Fairness by Dr. Nahas and Dr. Hui – was not submitted – Deadline is passed.

Long Covid by Dr. Jacobson and Dr. Tabassum. – no update was available- Deadline is passed.

6. Integrative Medicine article update: Global Advances in Health – Dr. Konigsberg gave an update.

Landscape of IM in Canada – they changed one peer; the new peer gave a big pass, the old peer gave the same feedback, Dr. Konigsberg will re-fashion/rebuttal with the help of a friend.

CMAJ and Canadian Family Medicine Journals had given a hard pass.

7. Nadine's research survey questions: Dr. Junek

Dr. Junek gave an update that we will submit the question that we discussed in last meeting.

8. Participate in the next 'Physician Perspectives' feature for publication in the Spring '23 edition of the Ontario Medical Review. In 80-100 words, please share your perspective on the following question:

It's Year 3 of the pandemic and our health-care system continues to be stretched; what's keeping you up at night?

Some examples may include these kinds of issues:

- Patients' access to care, diagnostic services
- Long waits in the emergency department
- Concern about physician burnout
- Caring for elderly patients
- Ongoing challenges related to COVID-19
- Other

Dr. Konigsberg wrote her submission and shared it with the executives via email, to get their feedback. – shared the link and discussed Whole Health – VA – how IM fits within it!

Dr. Nahas suggested that with the acceleration of the collapse of the health care system – there is an urgent need for IM now more than ever!

Dr. Junek suggested how can we use Nurse Practitioners and the international graduates more?

9. CIMA -Dr. Jacobson – not covered

10. Spring newsletter

Dr. Konigsberg suggested that all the execs could come up with an article by the next meeting

11. AGM

- **Discussed to host a virtual AGM**
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- **Need Moderator/MC**
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- **Get Sponsors**
- **To be discussed further in the next meeting**

Tasks:

All Executives – come up with an article for next newsletter, by next meeting.

Newsletter and AGM – main agenda item for next meeting

Mina – work with James to have the OMA connect updated.

New Business

1. Applying for certificate of added competence through Royal College Dr. Konigsberg - update

- Angela Chang, certified internist, has expressed interest in running a fellowship program in Toronto. This may meet the requirements we need to get the process of a CAC going.

2. Spring newsletter Discussion of ideas for articles

- Burnout - Esther
- Regulatory fairness - Richard
- Emotional Trauma - AJ

3. AGM Notes from last meeting: Tentative date set for Nov 4, with backup plan Nov 21.

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- Request OMA to assist with organization, member RSVP's
- Get Sponsors?
- To be discussed further in the next meeting

4. Richard update re: Dr. Whitmore's response to his letter. Still awaiting response.

Date of Next Meeting: Wednesday, May 04, 2023, at 7:00 pm

Adjournment

The meeting was adjourned at 8:00 pm.