

Meeting M i n u t e s
Complementary and Integrative Medicine MIG
February 16, 2023

A videoconference meeting of the Complementary and Integrative Medicine MIG was held on February 16, 2023, beginning at 7:00 pm.

Present: Esther Konigsberg, Fred Hui, Adrienne Junek, Richard Nahas

Regrets: Elliott Jacobson, Adam Gavsie,

By Invitation:

OMA Staff: Mina Effendi

Call to Order

The Chair called the meeting to order.

Approval of Agenda

1. Approval of meeting minutes
2. Applying for certificate of added competence through Royal College
Dr. Konigsberg
3. CIM-MIG Web page OMA connect/AGM Video conference link; Dr. Konigsberg/Mina
4. Submit 2023 priorities to the OMA. Dr. Hui, Dr. Jacobson
6. Integrative Medicine article update: Global Advances in Health – Dr. Konigsberg
7. Nadine's research survey questions: Dr. Junek
8. participate in the next 'Physician Perspectives' feature for publication in the Spring '23 edition of the Ontario Medical Review. In 80-100 words, please share your perspective on the following question:

It's Year 3 of the pandemic and our health-care system continues to be stretched; what's keeping you up at night?

Some examples may include these kinds of issues:

- Patients' access to care, diagnostic services
- Long waits in the emergency department
- Concern about physician burnout

- Caring for elderly patients
- Ongoing challenges related to COVID-19
- Other

9. CIMA -Dr. Jacobson

10. Spring newsletter

11. AGM

Minutes for Approval, Meeting of December 08, 2022

1. Approval of meeting minutes - Approved

2. Applying for certificate of added competence through Royal College

Dr. Konigsberg provided the updates:

- We may not be able to proceed with University of Saskatchewan
- In talking terms with University of Manitoba
- Also, looking into any possible avenues with University of Toronto.

3. CIM-MIG Web page Update - AGM Video conference link.

- Mina will update once she has access to OMA Connect.
- Scott will upload the video under the discussion thread.

4. Discussion re: OMA connect.

- Scott will update the Executives information on the main page, as well as the Member Voluntary Fee.
- Technology department has to set up the access for Mina

5. Submit your 2023 priorities – all Sections, MIGs and Fora

- **Action:** Ideanote is now open for all members to submit their ideas to the General Assembly for prioritization.
- **Timeline:** Ideas must be submitted by Jan 23, 2023 and will be prioritized at the Spring Priority and Leadership Group meeting.
- **Resources:** Visit [Ideanote](#), review [instructions and tutorials](#), or explore the [FAQ](#).
 - Dr. Hui suggested to submit about regulatory fairness – He will work on the submission with Dr. Nahas.
 - Dr. Jacobson will work with Dr. Tabassum on submission regarding Focus Practice for Chronic pain/environmental medicine/functional medicine/IM.

6. Integrative Medicine article update: Global Advances in Health – update

Dr. Konigsberg answered all their questions made few changes to the article and re-submitted. Waiting for their response.

7. Nadine's research survey questions

- Dr. Junek spoke about the survey and her thoughts on adding a couple of questions in her survey – that could be used as data to support our submission for a IM Focus Practice.
- Question: How strongly do you feel IM should be a certified speciality? – This will be a question specific to Canadian Physicians.

8. OPIM money transfer to CIM MIG update. The final amount after fees was \$7,590.97 -\$17 for transfer fee

9. CPSO - Submissions by CPSO to Government – Dr. Hui

- Dr. H did not understand the content -
- Dr. K – they are trying to reduce the board members – no obvious change to any other over-reach – in the past any complaint they have goes to

10. CIMA -Any updates?

- Dr. Jacobson reached out to the CIMA group -8 people showed interest in joining us
- Did not speak to Dr. Malthouse yet
- Dr. Gavsie suggested to take over the website, Dr. Jacobson will look into it.

11. Winter newsletter

- Dr. Jacobson will write his article this weekend and email it.
- Dr. Konigsberg wrote her article

11. AGM/

- The OMA AGM will be on May 4th (location not yet finalized), however we have been advised that the practice of having constituencies hold their AGMs in conjunction with the OMA AGM will not be reintroduced. You can always choose to hold the AGM at the OMA offices. If you are looking at offering it on a hybrid basis, the meeting rooms allow for full AV set-up and use. I can also look into arranging for reception services; coffee/tea; or potentially some light snacks.
If you choose to book externally, the finance policy does currently allow for a \$1000 for room booking/av/food/etc. for AGMs. Whether it's online or hybrid, Ankita from OMA can assist with Zoom set-up and registration.
- Connection with nutrition conference organizers. Dr. Sheila Lakhoo, lifestyle medicine/ Join our next meeting as guest? “ACLM Canadian member interest group chair and Dr. Jennifer Purdy is our co-chair”

12. Elections – results The previous executive were all acclaimed.

Task:

Dr. Konigsberg.

- Ask Scott to send out an email to all the members to see our OMA Connect page once it's updated.
- Ask how we can connect directly with our members
- will talk to Angela Cheung regarding IM as a focused practice to get certificate of added competence through the royal college.

Dr. Hui

- Work on submission to OMA regarding regulatory fairness.

Dr. Jacobson

- Talk to Dr. Malthouse to take over CIMA's website
- Dr. Jacobson will work with Dr. Tabassum on submission regarding Focus Practice for Chronic pain/environmental medicine/functional medicine/IM.
- Send the Newsletter article via email to executives and Mina

Mina

- Connect with Scott to update OMA Connect
- Work on the newsletter once all the articles are received
- Submit the minutes before December 15, 2022, so the executives can get reimbursed.
- Update the webpage with the meeting minutes and Newsletters.

New Business

1. Approval of meeting minutes - Approved

2. Applying for certificate of added competence through Royal College

Dr. Konigsberg gave an update – we may have to wait to achieve this for now.

*Dr. Konigsberg and Dr. Hui discussed Dr. Hui's Concern's about Certificate of Added Competence

3. CIM-MIG Web page OMA connect/AGM Video conference link;

- Mina now has access.
- James is working with Scott, to have the MIG Forum's content migrated to Connect.

4. Submit 2023 priorities to the OMA. Dr. Hui, Dr. Jacobson

What are the most important priorities?

Regulatory Fairness by Dr. Nahas and Dr. Hui – was not submitted – Deadline is passed.

Long Covid by Dr. Jacobson and Dr. Tabassum. – no update was available- Deadline is passed.

6. Integrative Medicine article update: Global Advances in Health – Dr. Konigsberg gave an update.

Landscape of IM in Canada – they changed one peer; the new peer gave a big pass, the old peer gave the same feedback, Dr. Konigsberg will re-fashion/rebuttal with the help of a friend.

CMAJ and Canadian Family Medicine Journals had given a hard pass.

7. Nadine's research survey questions: Dr. Junek

Dr. Junek gave an update that we will submit the question that we discussed in last meeting.

8. Participate in the next 'Physician Perspectives' feature for publication in the Spring '23 edition of the Ontario Medical Review. In 80-100 words, please share your perspective on the following question:

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Dr. Konigsberg wrote her submission and shared it with the executives via email, to get their feedback. – shared the link and discussed Whole Health – VA – how IM fits within it!

Dr. Nahas suggested that with the acceleration of the collapse of the health care system – there is an urgent need for IM now more than ever!

Dr. Junek suggested how can we use Nurse Practitioners and the international graduates more?

9. CIMA -Dr. Jacobson – not covered

10. Spring newsletter

Dr. Konigsberg suggested that all the execs could come up with an article by the next meeting

11. AGM

- **Discussed to host a virtual AGM**
- **Try to make it more engaging for members by allowing them networking/sharing the pearls**
- **Need Moderator/MC**
- **Request OMA to assist with organization, member RSVP's**
- **Get Sponsors**
- **To be discussed further in the next meeting**

Tasks:

All Executives – come up with an article for next newsletter, by next meeting.

Newsletter and AGM – main agenda item for next meeting

Mina – work with James to have the OMA connect updated.

Date of Next Meeting: Wednesday, March 15, 2023, at 7:00 pm

Adjournment

The meeting was adjourned at 8:13 pm.