

Meeting Minutes
Complementary and Integrative Medicine MIG
October 13, 2022

A videoconference meeting of the Complementary and Integrative Medicine MIG was held on October 13, 2022, beginning at 7:00 pm.

Present: Esther Konigsberg, Fred Hui, Elliott Jacobson, Adam Gavsie, Adrienne Junek

Regrets:

By Invitation:

OMA Staff: Mina Effendi

Call to Order

The Chair called the meeting to order.

Approval of Agenda

1. Applying for certificate of added competence through Royal College – updates
2. CIM-MIG Web page Update - AGM Video conference link? Practice forms?
Mina will provide update
3. Integrative Medicine article update
Global Advances in Health – update
4. Update on CIMA
Dr. Gavsie will check with old CIMA execs about the status - wondering about taking over CIMA website. Will provide update.
5. Fall Newsletter - Review Dr. Howard Eisenberg's article.
6. Richard Nahas – discussion re: Dr Akbar Khan
7. Any new business

Minutes for Approval, Meeting of August 11, 2022

1. Applying for certificate of added competence through Royal College – updates
 - a. Dr, Konigsberg provided an update on her interactions with University of Saskatchewan and Michael Epstein.
 - b. It would be interesting to know how many MDs would be interested in IM fellowship if University of Saskatchewan would be housing a IM fellowship.
 - c. Currently UBC and University of Manitoba both have residency program, not a fellowship

2. CIM-MIG Web page Update - AGM Video conference link? Practice forms?
Mina will provide update.
 - Scott has created the folders so now Mina will update the forum and web page.
 - We will discuss the next AGM and Newsletter in the next meeting
3. Integrative Medicine article update
 - Global Advances in Health – update
 - Dr. Konigsberg gave an updated that the paper has passed two stages of approval and is now with the peer reviewers, hopefully they would approve it.
4. Update on CIMA
 - Dr. Gavsie will check with old CIMA execs about the status - wondering about taking over CIMA website. Will provide update.
 - CIMA is just a listserv now; no meeting for 2 years
 - If we take over CIMA we would require resources and administration support
 - CIMA took a new perspective during COVID – Stigma associated with CIMA
 - Can someone take it down since the organization is closed – Dr. Gavsie will investigate it.
5. Fall Newsletter - Review Dr. Howard Eisenberg's article.
 - Executives decided to not publish it in our newsletter
6. Richard Nahas – discussion re: Dr Akbar Khan
 - The executives decided not to get involved at this point.
7. Any new business (**None discussed**)

New Business

1. Applying for certificate of added competence through Royal College – updates.
 - a. Dr. Konigsberg provided the updates on her conversations with Michael Epstein, Joseph Schnurr, MD and Tyler – we may be able to initiate it with the help of University of Saskatchewan as they have an infrastructure.
 - b. 500 clinical hours – need more info. From Royal College.
 - c. Dr. Gavsie would liaise with Tyler whenever needed.
2. CIM-MIG Web page Update - AGM Video conference link? Practice forms? OMA Connect.
Mina has a TeamsMeeting with Scott and James regarding this. will provide update.
3. Integrative Medicine article update: Global Advances in Health – update

- a. Dr. Konigsberg provided an update that peer reviewers came back with a lot of comments about the article – requested if any executive members are willing to help out in editing/re-writing would be helpful
 - b. Need to add why the certificate of added competence is important.
 - c. Dr. Konigsberg will share the article with the members and Dr. Gavsie and Dr. Junek will help with editing.
4. ONPIM money transfer to CIM MIG
 - a. Dr. Hui suggested to ask OMA if the money can be used for discretionary purpose; therefore, we can have it transferred to the discretionary account.
 - b. Dr. Konigsberg will connect with OMA to find out if we can place the money in our OMA discretionary account and use it for discretionary purpose/for when we are applying to get the certificate of added competency through Royal college.
5. CIMA -further discussion re: future
 - a. CIMA is in hibernation for now
 - b. Dr. Jacobson will send a message to the CIMA listserv and ask if they are interested in joining another IM discussion group/email group
6. AGM?
 - a. Discussed options regarding virtual or in-person AGM – Decided for a bit of both.
 - b. Ask OMA when will be the next meeting and if they can help us set up
 - c. CME – in person – find out an existing meeting or conference and merge our event with them
 - d. Food as Medicine Conference at U of T – 25th November, 2022 – Dr. Konigsberg will attend this conference and connect with the organizers and see if we can organize our AGM in conjunction next year
7. Fall newsletter
Articles
Dr. K will write an article on Rapamycin
Dr. Jacobson --> Long Covid
Dr. J --> Functional medicine approach to gut health
Effect of low-dose Naltroxone -
8. Elections: *In past election years, your MIG has elected its leadership through the single election period and we are preparing to support you in the same way this year. As MIGs can choose whether or not they wish to participate in these elections, electing or appointing leaders independently is also an option they can follow.*
 - a. Email members if they are interested in running – If not we will continue with the same board members/ executive team.
9. Any new business...

- a. RHPA – Revision of the Health Professional Act
- b. CPSO making submissions for these revisions
- c. Dr. Hui will look into it – i.e. what is the college proposing – what can we input (if we can, to make sure there is regulatory fairness) is it too late to input - who to input to

Tasks:

Dr. Konigsberg:

1. Write an article for Newsletter – Rapamycin
2. Email members if they are interested in re-electing the same executives or if someone would like to come forward with a nominee
3. Ask OMA about the next AGM and see how they can help us set up our AGM in conjugation with the OMA AGM
4. Attend the “Food as Medicine Conference” at U of T, on 25th November, 2022; connect with the organizers for future MIG AGM prospects.
5. Dr. K will connect with OMA to find out if we can place the money in our OMA discretionary account and use it for discretionary purpose/for when we are applying to get the certificate of added competency through Royal college

Dr. Jacobson

1. Dr. Jacobson will send a message to the CIMA listserv and ask if they are interested in joining another IM discussion group/email group.
2. Write an article for Newsletter – Long Covid

Dr. Junek

1. Write an article for Newsletter – Functional medicine approach to gut health

Dr. Hui

1. Dr. Hui will try to find out what CPSO is proposing – and if it is not too late to provide out feedback regarding regulator fairness – if so, who can we provide this feedback to, so it is taken into consideration in the new/revised RHPA

Mina

1. Connect with Scott on October 14, 2022 at 10:30 am for a tutorial on OMA connect and the integration of the Forum and MIG web page.

Date of Next Meeting: December 08, 2022, at 7:00 pm

Adjournment

The meeting was adjourned at 8:02 pm.