

Meeting Minutes
Complementary and Integrative Medicine MIG
June 23, 2022

A videoconference meeting of the Complementary and Integrative Medicine MIG was held on June 23, 2022, beginning at 7:00 pm.

Present: Esther Konigsberg, Adam Gavsie, Adrienne Junek

Regrets: Fred Hui

By Invitation:

OMA Staff: Mina Effendi

Call to Order

The Chair called the meeting to order.

Approval of Agenda

1. Applying for a subspeciality through Royal College – updates
2. CIM-MIG Web page Update - AGM Video conference link?
 - Mina will upload the link
3. Integrative Medicine article update
 - a. Submitted to Global Advances in Health
4. Brief update on CIMA
 - Dr. Gavsie will check with old CIMA execs about the status - wondering about taking over CIMA website.
5. Spring Newsletter

Tasks:

Dr. Konigsberg:

Reach out to TIM Cook

Write an article on survey results and add a link – for the next newsletter

Share IM Forms – to be uploaded on forum/webpage

Dr. Junek:

Write an article of LDN and Fibromyalgia

Write a letter to CMAJ to show interest in publications – will send the article to Dr. Konigsberg so she can send it to them.

Share IM Forms – to be uploaded on forum/webpage

Dr. Hui

Share IM Forms – to be uploaded on forum/webpage.

Mina:

Upload AGM Link on MIG forum and web page

Upload IM Forms on MIG forum and web page for members and other physicians' access

Unfinished business: White papers to educate the medical community.

Focus of topics:

Why some physicians choose to practice IM?

Rational prescribing as an approach to IM

Why is it difficult for our colleagues to practice IM?

White paper on Integrative Medicine past, present and future.

Other: more conversational titles

Minutes for Approval, Meeting of May 12, 2022

1. Applying for a subspeciality through Royal College – updates
 - need an institution with an infrastructure to support a full fellowship
 - University of Manitoba with IMR. Letter of support.
2. CIM-MIG Web page Update - AGM Video conference link?
 - Mina will upload the link
3. Spring Newsletter
 - will address further next month
 - Harry Gervais has submitted an article for newsletter - executive to review the article
4. Brief update on CIMA
 6. We have not been able to get a hold of Dr. Malthouse yet
 7. he has been suspended. Dr. Gavsie will forward the CBC article.
 8. Dr. Gavsie will check with old CIMA execs about the status - wondering about taking over CIMA website.
5. Integrative Medicine article update
 - Rejected by CMAJ and CFP
 - possible submission to the journal of academic medicine
6. Discussion re: MIG community/SGFP and mutual support

- possible collaboration in future on a case-by-case basis
7. Strategic planning for 2022 - continued.
 - OMA discretionary spending to further the MIG and increase communication with our members
 - Dr. Elliot Jacobson to join the MIG as member at large
 8. White papers to educate the medical community.
Focus of topics:
 - Why some physicians choose to practice IM?
 - Rational prescribing as an approach to IM
 - Why is it difficult for our colleagues to practice IM?
 - White paper on Integrative Medicine past, present and future.
 - Other: more conversational titles
 - consider a public website or taking over CIMA's website
 9. Review survey Q. 2 – Not Covered
 10. Revisit guidelines for ME - Dr. Konigsberg gave a brief overview to Dr. Gavsie (Not Covered)

New Business

1. Applying for a subspeciality through Royal College – Dr. Konigsberg provided the updates
2. CIM-MIG Web page Update - AGM Video conference link?
 - Link has been retrieved by OMA's help and Mina will upload it. Video is missing for part of the conference; Dr. Konigsberg has approved to upload it as is.
3. Integrative Medicine article update
 - a. Submitted to Global Advances in Health
4. Brief update on CIMA
 - a. Dr. Gavsie will check with old CIMA execs about the status - wondering about taking over CIMA website.
5. Spring Newsletter
 - a. Mina will create the newsletter for publishing with all the elements sent via email.

Tasks:

Dr. Konigsberg:

1. Reach out to TIM Cook
2. Write an article on survey results and add a link – for the next newsletter
3. Share IM Forms – to be uploaded on forum/webpage

Dr. Junek:

1. Write an article of LDN and Fibromyalgia
2. Write a letter to CMAJ to show interest in publications – will send the article to Dr. Konigsberg so she can send it to them.
3. Share IM Forms – to be uploaded on forum/webpage

Dr. Hui

1. Share IM Forms – to be uploaded on forum/webpage.

Mina:

1. Upload AGM Link on MIG forum and web page
2. Upload IM Forms on MIG forum and web page for members and other physicians' access.

Unfinished business: White papers to educate the medical community.

Focus of topics:

- Why some physicians choose to practice IM?
- Rational prescribing as an approach to IM
- Why is it difficult for our colleagues to practice IM?
- White paper on Integrative Medicine past, present and future.
- Other: more conversational titles

Date of Next Meeting: August 11, 2022, at 7:00 pm

Adjournment

The meeting was adjourned at 8:00 pm.