

Meeting Minutes
Complementary and Integrative Medicine MIG
May 12, 2022

A videoconference meeting of the Complementary and Integrative Medicine MIG was held on May 12, 2022, beginning at 7:00 pm.

Present: Fred Hui, Esther Konigsberg, Adam Gavsie

Regrets: Richard Nahas, Adrienne Junek

By Invitation:

OMA Staff: Mina Effendi

Call to Order

The Chair called the meeting to order.

Approval of Agenda

1. Applying for a certificate of added competency through Royal College – updates
2. CIM-MIG Web page Update - AGM Video conference link?
 - Mina will upload the link
3. Spring Newsletter
 - Harry Gervais has submitted an article for newsletter - executive to review the article
 - Newsletter theme? Approach Dr. Tim Cook.
4. Brief update on CIMA
 - We have not been able to get a hold of Dr. Malthouse yet?
 - Dr. Gavsie will check with old CIMA execs about the status - wondering about taking over CIMA website.
5. Integrative Medicine article update
 - Rejected by CMAJ and CFP and Academic Medicine
 - Submitted to Global Advances in Health
6. Strategic planning for 2022 - continued.
 - OMA discretionary spending to further the MIG and increase communication with our members
 - Dr. Elliot Jacobson to join the MIG as member at large

7. White papers to educate the medical community.
Focus of topics:
 - Why some physicians choose to practice IM?
 - Rational prescribing as an approach to IM
 - Why is it difficult for our colleagues to practice IM?
 - White paper on Integrative Medicine past, present and future.
 - Other: more conversational titles
 - consider a public website or taking over CIMA's website
8. Review survey Q. 2 –
- 9.. Revisit guidelines for ME -

Minutes for Approval, Meeting of March 31, 2022

1. Applying for a subspecialty through Royal College – updates
 - need an institution with an infrastructure to support a full fellowship
 - University of Manitoba with IMR. Letter of support.
2. CIM-MIG Web page Update - AGM Video conference link?
 - Mina will upload the link
3. Spring Newsletter
 - will address further next month
 - Harry Gervais has submitted an article for newsletter - executive to review the article
4. Brief update on CIMA
 - We have not been able to get a hold of Dr. Malthouse yet
 - he has been suspended. Dr. Gavsie will forward the CBC article.
 - Dr. Gavsie will check with old CIMA execs about the status - wondering about taking over CIMA website.
5. Integrative Medicine article update
 - Rejected by CMAJ and CFP
 - possible submission to the journal of academic medicine
6. Discussion re: MIG community/SGFP and mutual support
 - possible collaboration in future on a case-by-case basis
7. Strategic planning for 2022 - continued.
 - OMA discretionary spending to further the MIG and increase communication with our members
 - Dr. Elliot Jacobson to join the MIG as member at large

8. White papers to educate the medical community.
Focus of topics:
 - Why some physicians choose to practice IM?
 - Rational prescribing as an approach to IM
 - Why is it difficult for our colleagues to practice IM?
 - White paper on Integrative Medicine past, present and future.
 - Other: more conversational titles
 - consider a public website or taking over CIMA's website
9. Review survey Q. 2 – Not Covered
10. Revisit guidelines for ME - Dr. Konigsberg gave a brief overview to Dr. Gavsie (Not Covered)

New Business

1. Applying for a certificate of added competency through Royal College – updates
 - Figuring out how to create an infrastructure for IM fellowships through the experience for the Academic Consortium's fellowship recognition committee which Dr. Konigsberg chairs. This can inform the structure of a fellowship which may be suitable for the Royal College.
 - University of Arizona has a 500-hour fellowship curriculum that can be leased by a fellowship which would help with the didactic portion of the curriculum. The cost is \$10,000USD/fellow.
 - U of Saskatchewan has an IM center and may be a good option for housing a fellowship. They have expressed initial interest.
 - Dr. Nahas had mentioned a new initiative in Ottawa which could potentially provide infrastructure for a fellowship– need more details.
 - U of BC and U of Manitoba have the IM residency programs. We can reach out to them in regard to a fellowship as well.
 - We only require a letter of support and intention from an established medical teaching site.
2. CIM-MIG Web page Update - AGM Video conference link?
 - Mina will upload the link
3. Spring Newsletter
 - Harry Gervais has submitted an article for newsletter - executive to review the article – Executive decision: not an appropriate article to upload on our newsletter
 - Newsletter theme? Approach Dr. Tim Cook about Lyme Disease –
 - Any conferences coming up
 - Article on Fibromyalgia

- Article on Survey Results
4. Brief update on CIMA
 - We have not been able to get a hold of Dr. Malthouse yet?
 - Dr. Malthouse has lost his license
 - Dr. Gavsie will check with old CIMA execs about the status - wondering about taking over CIMA website.
 5. Integrative Medicine article update
 - Rejected by CMAJ and CFP and Academic Medicine
 - Submitted to Global Advances in Health
 6. Strategic planning for 2022 - continued.
 - OMA discretionary spending to further the MIG and increase communication with our members
 - Cannot use the funds for ASANA
 - Dr. Elliot Jacobson to join the MIG as member at large
 - Writing the ABOIM now, so will join later
 7. White papers to educate the medical community.
Focus of topics:
 - Why some physicians choose to practice IM?
 - Rational prescribing as an approach to IM
 - Why is it difficult for our colleagues to practice IM?
 - White paper on Integrative Medicine past, present and future.
 - Other: more conversational titles
 - consider a public website or taking over CIMA's website
 8. Review survey Q. 2 –
 - Discussed the survey results and will write an article to share the results with our members for the next newsletter.
 - Concluded that we will share some basic IM forms on our web page and forum for other members and physicians to benefit from.
 - 9.. Revisit guidelines for ME – **(Not Covered)**

Tasks:

Dr. Konigsberg:

1. Reach out to TIM Cook
2. Write an article on survey results and add a link – for the next newsletter
3. Share IM Forms – to be uploaded on forum/webpage

Dr. Junek:

1. Write an article of LDN and Fibromyalgia
2. Write a letter to CMAJ to show interest in publications – will send the article to Dr. Konigsberg so she can send it to them.
3. Share IM Forms – to be uploaded on forum/webpage

Dr. Hui

1. Share IM Forms – to be uploaded on forum/webpage.

Mina:

1. Upload AGM Link on MIG forum and web page
2. Upload IM Forms on MIG forum and web page for members and other physicians' access

Date of Next Meeting: June 23, 2022, at 7:00 pm

Adjournment

The meeting was adjourned at 8:00 pm.