

Meeting M i n u t e s
Complementary and Integrative Medicine MIG
March 31, 2022

A videoconference meeting of the Complementary and Integrative Medicine MIG was held on March 31, 2022, beginning at 7:00 pm.

Present: Fred Hui, Esther Konigsberg, Adam Gavsie

Regrets: Richard Nahas, Adrienne Junek

By Invitation:

OMA Staff: Mina Effendi

Call to Order

The Chair called the meeting to order.

Approval of Agenda

1. Applying for a subspecialty through Royal College – updates
2. CIM-MIG Web page Update - AGM Video conference link?
3. Spring Newsletter
4. Brief update on CIMA
5. Integrative Medicine article update
6. Discussion re: MIG community/SGFP and mutual support
7. Strategic planning for 2022 - continued.
8. White papers to educate the medical community.
 - Focus of topics:
 - Why some physicians choose to practice IM?
 - Rational prescribing as an approach to IM
 - Why is it difficult for our colleagues to practice IM?
 - White paper on Integrative Medicine past, present and future.
 - Other: more conversational titles
9. Review survey Q. 2
10. Revisit guidelines for ME

Minutes for Approval, Meeting of February 24, 2022

1. **Initial query re: applying for a subspecialty through Royal College – updates**
 - a. Review response from royal college
 - i. Would they accept a training program from USA, reach out to ask them if we could achieve Certification by practice through education from USA
 - ii. If they would require Canadian What would be involved: We will hold off on this inquiry for now.
 - iii. Royal College route is the best route

- b. Possible funding opportunities – Dr. Junek will look into it further.
 - c. Response from the CMAJ
 - i. Change the conclusion or come up with some data (an introduction to a profession)
 - ii. We would like to raise awareness and for that what would they like us to do, maybe change the conclusion etc.
 - iii. Other journals, global health journal; consider preaching to the choir (how to advance our field, speak to the field, how they can support themselves to gain further access to their field)
 - d. Chair of the CPD committee at the CFPC; they are not doing CAC's now; on pause for several years; perhaps an avenue in the future; Dr. Gavsie will reach out to them with the final version of the white paper.
- 2. CIM-MIG Web page**
- a. Received: Bio's and pics of all execs
 - b. Add forum link
 - c. Add newsletters and meeting minutes
 - d. AGM Video conference link?
- 3. Winter Newsletter**
- a. Received: Dr. Konigsberg's article
 - b. Received: Dr. Junek's article
 - c. Add NAANT Conference link
 - d. Add a banner for the 2022 International Congress on Integrative Medicine and Health
 - e. Add link for Dr. Rogers Prize Gala & Virtual Event
 - f. Pending: Dr. N's article
- 4. Brief update on CIMA**
- a. Spoke with Rob Banner
 - b. Focus is on creating a new healthcare system.
 - c. Dr. Nahas is emailing Steven Malthouse and will take stewardship of the URL and transfer ownership when the time comes.
 - d. Set aside a time, who we might invite as a governance team or body
 - i. Angela Hecter at the Hackett foundation.
 - ii. Establishing and maintain the integrity of the field
 - iii. Warren Bell in BC; there is no OMA like section
 - iv. FMOQ, FMSQ: Quebec version of OMA
- 5. Intro to Asana task template - Dr. Nahas' guest**
- a. **Guest Speaker:-** Gave a brief update on Asana: Work together, setting deadlines, every piece of work has someone in charge for it, is it done, when will it get done, project that has several tasks inside it, attaching documents to the tasks; eliminate other communication tools, one stop shop, controlling tasks and workloads, and making reports, everybody in the project team will know what is going on, you can tag someone if you need someone specific to approach, it helps you stay organized.
 - b. Internal users or external users (Cost: \$11/person*6=66/person)
 - c. OMA might cover the cost, will investigate it.

6. White papers to educate the medical community. **(Not Covered)**
Focus of topics:
 - Why some physicians choose to practice IM?
 - Rational prescribing as an approach to IM
 - Why is it difficult for our colleagues to practice IM?
 - White paper on Integrative Medicine past, present and future.
 - Other: more conversational titles
7. Review survey Q. 2 **(Not Covered)**
8. Revisit guidelines for ME **(Not Covered)**

Tasks:

Dr. Konigsberg –

- Will reach out to the Royal College if they would accept education from US
- Dr. Konigsberg will email CMAJ and inquire about what potential changes could be made to the conclusion of the white paper just so we can create awareness about IM and CMAJ would approve it
- Dr. Konigsberg will inquire if OMA would fund us for Asana

Dr. Gavsie

- Send an email to Dr. Konigsberg about our rebuttal to CMAJ in response to their response.

Dr. Nahas

- Emailed Steven Malthouse to handover CIMA's credentials, and will hold onto it until we decide the future route
- Send the Rational prescribing article in couple of days for our newsletter.

Dr. Junek

- Look into possible funding opportunities

Mina

- Complete the web page template and send it to Ankita
- Complete the Newsletter and send it to OMA for publishing

New Business

1. Applying for a subspeciality through Royal College – updates
 - need an institution with an infrastructure to support a full fellowship
 - University of Manitoba with IMR. Letter of support.
2. CIM-MIG Web page Update - AGM Video conference link?
 - Mina will upload the link

3. Spring Newsletter
 - will address further next month
 - Harry Gervais has submitted an article for newsletter - executive to review the article
4. Brief update on CIMA
 - We have not been able to get a hold of Dr. Malthouse yet
 - he has been suspended. Adam will forward the CBC article.
 - Dr. Gavsie will check with old CIMA execs about the status - wondering about taking over CIMA website.
5. Integrative Medicine article update
 - Rejected by CMAJ and CFP
 - possible submission to the journal of academic medicine
6. Discussion re: MIG community/SGFP and mutual support
 - possible collaboration in future on a case-by-case basis
7. Strategic planning for 2022 - continued.
 - OMA discretionary spending to further the MIG and increase communication with our members
 - Dr. Elliot Jacobson to join the MIG as member at large
8. White papers to educate the medical community.
Focus of topics:
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 - White paper on Integrative Medicine past, present and future.
 - Other: more conversational titles
 - consider a public website or taking over CIMA's website
9. Review survey Q. 2 – Not Covered
10. Revisit guidelines for ME - Dr. Konigsberg gave a brief overview to Dr. Gavsie (Not Covered)

Date of Next Meeting: May 12th, 2022, at 7:00 pm

Adjournment

The meeting was adjourned at 8:00 pm.